4S CONSULTING

Slips, Trips and Falls Checklist

Spot and fix slip, trip and fall hazards in your workplace

Ontario | Use during monthly JHSC inspections and before winter

Area inspected: _____ **Inspected by:** _____ **Date:** _____

1. Floors and walkways

- ☐ Floors clean, dry and free of spills, grease and oil
- ☐ Spill kits or absorbents and wet floor signs available, and used
- ☐ Walkways, aisles and exits clear of clutter, boxes and stored materials
- ☐ Cords and cables routed away from walkways, or covered
- ☐ Mats secured flat, edges not curled, replaced when worn or soaked
- ☐ Uneven flooring, holes, loose boards and changes in level repaired or marked

2. Stairs, ramps and elevated areas

- ☐ Handrails on stairs and ramps, secure and in good repair
- ☐ Stair treads intact, slip-resistant and free of objects
- ☐ Guardrails at open edges, mezzanines, platforms and loading docks
- ☐ Floor openings covered or guarded

3. Lighting and visibility

- ☐ Lighting adequate in work areas, stairs, storage rooms and outdoor paths
- ☐ Burnt-out bulbs replaced promptly
- ☐ Steam, smoke or dust that blocks the view controlled

4. Winter and outdoor areas

- ☐ Snow and ice removal plan in place, with someone responsible for it
- ☐ Entrances, parking lots, loading docks and common shortcuts salted or sanded
- ☐ Absorbent mats at entrances, replaced when soaked
- ☐ Downspouts and drainage don't spill water onto walkways

5. Ladders and working at heights

- [ ] Ladders inspected, in good condition and right for the task
- [ ] Workers use three points of contact and don't overreach
- [ ] Fall protection equipment inspected and maintained
- [ ] Construction workers who may use fall protection have approved working at heights training
- [ ] Safe access to truck beds, trailers and loads

6. Footwear and work practices

- [ ] Footwear suitable for the task and surface (protective footwear where required)
- [ ] Workers don't carry loads that block their view
- [ ] No rushing or running in work areas

7. Reporting and follow-up

- [ ] All workers know how to report a slip, trip or fall hazard
- [ ] Incidents and near misses involving slips and trips are recorded and reviewed
- [ ] Hazards found have an owner and a completion date
- [ ] The JHSC includes fall hazards in its monthly workplace inspections

Hazards found

Location	Hazard	Action needed	Owner	Done by

Help your JHSC find fall hazards before someone gets hurt

4S Consulting offers CPO-approved JHSC Part 1, Part 2 and Refresher training, online, live virtual or on-site, plus CPO-approved Working at Heights training for construction workers.

4sconsult.com/training/jhsc-certification-training/